TOP STUDENTS/TOP PARENTS

GOOD STUDENTS BEGIN AT HOME

TEACH YOUR CHILD TO READ SIMPLY WHILE READING BEDTIME STORIES

Preschool to age 12



"You have tangible wealth untold.

Caskets of Jewels and coffers of gold
Richer than I you can never be.
I had a mother who read to me."

Strickland Gillian

TEACHING WHILE READING

INFANCY TO AGE 12

Reading to your child is not only one of the most pleasurable, loving contacts a mother or father can have with their child, but it is also the surest way to make them excellent readers and good students.

According to research done by Rima Shore, Rethinking the Brain: New Insights into Early Development, Families and Work Institute, New York, N.Y. 1997

Educators report that 35% of American Children arrive at school unprepared to respond to the instruction and interaction they encounter in their classrooms.

Only 50% of infants and toddlers are read to consistently by their parents.

According to a study conducted by Pamela High, M.D., April 2000, at the Rhode Island Child Development Center Hospital comparing two groups of eight months old babies, the group who were read to often had their "receptive" vocabularies (number of words they understand) increase forty per cent since babyhood, while the non-reading group increased by only sixteen per cent.

Make up your mind that other than major priorities such as eating and safety, reading thirty minutes a day to your child will be a given, no matter what, even if the kids have to go to bed dirty and the dinner dishes are still on the table. If you ardently read and apply my suggestions while you read to

your child, you will be teaching him far more than all of his teachers combined. This will carry over into his higher learning and adult success.

Getting Ready for the Bedtime Story

My three little ones were born within four years of each other, so they pretty much liked the same stories. If your children are further apart, you may have to take turns with books and be sure to let the older ones help you read. Getting them ready for bed in their early years was quite a chore...by the time I got them to put their toys away, bathe, put their "jammies" on and brush their teeth, many times it was past bedtime, and I could hardly wait to get them to bed, much less spend another thirty minutes reading to them.

As they got older and more self-sufficient, I devised a plan to encourage them to get ready for bed starting at least a half hour before bedtime. I would first announce it was time to get ready for bed; then I would start counting to twenty very slowly. They understood that by the time I got to twenty, I would begin reading. The first one ready got to pick out the story. We read a bedtime story just about every night until the kids were twelve years old, with some exceptions when I was too tired, or some other event interfered. **Most importantly, we would not have had time to read if I let them watch television.**

Following are the reading skills that you can gradually incorporate into your reading sessions, beginning with preschool age and graduating to the upper elementary ages. Don't worry if some are confusing; I will go over them in more detail later in my instructions. Don't become overwhelmed...you already know what they are; you just need to concentrate on teaching them. Don't try to teach them all at once and above all, don't become stressed if you can't get to all of them or find the right opportunity in the story to teach a skill. It may help you to read through them before you read a story, or once a week to help you remember which ones you wish to concentrate on teaching. Before you know it, you will automatically recognize the opportunities the text provides and the

relevant skills you can teach. Relax and enjoy this story time with your child, knowing that you are paving the way to his future success.

Colors/Shapes/Counting
Listening/ Retelling a story
Speaking in complete sentences
Left to right, top to bottom

Understanding emotions
Manners/Social behavior
Character building

Word/sound association
Letter recognition and sounds
Sounding out words. (word attack)

Vocabulary building
Abstract words
Sight words
Predicting outcomes

Recall/Sequence
Detail/Main idea
Inferences (drawing conclusions)
Critical thinking/Fact or opinion

While reading, you need to get the child involved in the story. You can greatly enhance the quality of reading by encouraging the child's interaction with the story and the characters. You can create enthusiasm and excitement just by asking questions that will stimulate her thinking. It may take a while, but eventually the questions will easily come to you. You'll be able to devise intriguing ones from the material on nearly every page, ranging from very simple for infants and preschoolers to those that will lead the older child to analyze, compare,

guess, judge, and rationalize... all critical thinking skills basic to being an excellent reader. If you have more than one child, you can read to them together, and let them take turns answering questions. If their age span is too great, you may have to find the time to read to each one individually, or let the older child take turns with you while reading to the younger one.

Do not:

- worry about asking questions the child is not old enough to answer; just casually help her answer them yourself and then go on reading.
- let the number and type of questions I suggest intimidate you. The more you read to your child the easier the questions will come to you.
- feel that you must ask all the questions which I suggest. I have merely listed examples of the types of questions that may be asked; any of them will contribute to developing the child's comprehension.

Infancy to Approximately Age Three

Do not make the mistake of assuming your baby is too young to enjoy listening to you read to her. At about eight months, begin reading simple picture books, showing pictures of animals while pointing out features, such as colors, the nose on the bear, animals feet, trees, and so on. You will be amazed at how the baby will sit quietly and look at the pictures and listen to you read.

Remember that language development begins in infancy. Babies who are spoken and read to often will have a large comprehension vocabulary long before they are able to speak, so don't wait until they're toddlers to introduce them to books.

While you are reading, regardless of the age of your child, concentrate on how you sound. Do you speak in a monotone? If your reading is flat and expressionless, your child won't enjoy the story as much. The tone of your voice and the expression you use helps to determine your child's comprehension and enjoyment of the story. So learn to ham it up... make the words sound exciting! This is so important that you really should practice. Don't feel silly...your baby will

love it when you moo like the cow, cry like the baby, or chug, chug like the tractor. Change the sound of your voice to imitate characters, such as the ogre in *Three Billy Goats Gruff*, make it squeaky like a mouse or heavy and loud like a giant. Your child will love it.

Twelve months and Up

There's much to do and teach when the baby is around 18 mo. to 2 years

- Say the names of objects, animals and people.
- Ask where objects are, such as the ball, doggie, little girl, a fence, or the sun.
- Imitate sounds of animals and objects: "bow-wow," "meow," "quack-quack," "knock-knock," "vroom."
- Ask the baby to point to the object or person such as doggie, wagon, little boy.
- Play pretend while looking at pictures: pretend you're smelling the flower and ask her to smell it; pretend you're grabbing a cookie, taking a pretend bite, and ask her if she wants some. Then call the doggie, and make sounds as if you were calling it. Kids love this and will pretend right along with you when they catch on.

Two-to Five-Year Olds

Mother Goose Rhymes is one of the most popular first books. Little ones never tire of the rhyming stories, even after they have memorized and dramatized almost every one. Hearing poems read aloud is the child's introduction to the sound/letter connections. Being able to rhyme syllables helps the child to decipher unfamiliar words, thus expanding her comprehension and fluency.

By the time she is out of the *Mother Goose* stage, you will most likely have read the poems hundreds of times, and she will know most everyone by heart, bringing her closer to actual reading. Following are some ideas about how to utilize reading rhymes to the child's advantage:

• When beginning to read rhymes to the child, emphasize the rhyming words. After reading the poem several times, begin asking the child to say the rhyming words for you. For example:

"To market, to market, to buy a fat pig, Home again, home again, jiggety ______.(jig)"

• While reading a familiar rhyme to your child, give her one of a pair of rhyming words and ask for the word that rhymes with it, such as "Ding Dong Bell." "What rhymes with Bell?" (well)

Be sure to help your child when she can't respond with the right answer.

- Teach her to say and act out rhymes, such as "Eentsy-Weentsy Spider," "Where is Thumbkin?" and "I'm a Little Teapot." Show her how to use her arm for the handle and the other one for the spout, then to bend over and pretend to pour the tea out. What fun!
- Read the rhyme to the child. Through repetition she will begin to memorize it. Let her read it with you. Ask her to recite the last line. Ask her to fill in the rhyming words. When she learns a rhyme or poem, let her recite it for aunts, uncles, and grandparents. Applaud for her.
- Play rhyme games while cooking, cleaning, or driving. Ask her what rhymes with words like rug, spoon, floor, day, or cook.
- Playfully tell her you bet you can trick her. Read a poem she knows by heart, and replace a rhyming word with one that does not fit. Tell her to stop you if she hears an incorrect word. An example would be "Humpty Dumpty sat on a wall, Humpty Dumpty had a great egg." When she stops you, clap, laugh, and praise her for being so alert.
- Engage in impromptu rhyming games. While driving, you may see a child playing with a ball. Ask what rhymes with ball. If you see a child riding a bike, ask what rhymes with bike.
- Throughout your contact time, recite or sing the rhyming songs. Occasionally pretend that you forgot a line, and ask her to help you remember.

• Say, "I'm thinking of something that rhymes with fat. It's furry and says meow," or "I'm hungry for something that rhymes with sandy. It tastes sweet." Always ask him what he liked or disliked about a story, or how he would change it.

Three-to-Six-Year Olds

- After reading the same story several times so the child knows it well, make a deliberate mistake, and see if he will catch you. Make a game of it.
- Take turns while reading a familiar book. You read a page, and let the child read the next page, using her own words (of course), or tell you about it.
- If your child knows the book by heart, read a sentence and let her read one.
- Change the name of a main character to your child's name. She'll love it! Always Ask her what she liked or disliked about the story, or how she would change it
- Keep her on her toes while you're reading by throwing in a foreign word every now and then, one that doesn't make sense. For example, when the ogre in the *Three Billy Goats Gruff* says, "Who's that tapping on my bridge?" say, "Who's that driving on my bridge?" This is a good way to know if she comprehends the story, or if she's paying attention.
- •Ask her what she liked or disliked about the story, or hows he would change it.
- As you read, occasionally run your finger below the words to help the child develop left to right direction of the printed material. Point your finger from the bottom of the left side page to the beginning of the page on the right side.
- Teach the child to associate the printed word with the oral word by pointing to a word every now and then and saying its name. The child needs to understand that all spoken words have a printed partner. For ex. Mommy, when spoken,

reads reads M-o-m-m-y, in print. When you come to Mommy again, spell it, while pointing to each letter.

- Whatever you read, ask the child these five questions: Who? What? Where? When? Why? For example, while reading *The Three Little Pigs*, ask, "Who built his house of straw?" "From what did the second pig build his house?" "When did the third little pig build his house?" "Where did the first pig run after the wolf blew his house down?" and "Why couldn't the wolf blow the brick house down?"
- Before you begin reading, look at the title and raise questions about the story. For instance, in the book, *Muddy, the Absent-Minded Moose*, ask the child if she knows what a moose is. Show her the picture and call her attention to the strange horns and its hooves. Compare it to a picture of a horse. Ask questions such as, "I wonder what absent-minded means?" "Why do you suppose his name is Muddy?" "Do you think it may be because he likes to play in the mud?" Once she learns how Muddy became absent-minded, call your child or yourself absent-minded whenever either of you forgets something.
- Always question in a playful manner. Pretend that you, too, are wondering about the answer. Never act disappointed, or irritated if she cannot answer the questions. Help her, and praise her responses.
- Play pretend when you come to a picture of something that can be put into an acting episode. For example, if you see a toothbrush, stop and act out the whole process of brushing your teeth. Say something like, "Let's pretend to brush our teeth." Put paste on your make-believe brush and brush your teeth, complete with filling your mouth with make-believe water, and rinsing it out into a make believe sink. Then set your brush back in the make-believe rack, and dry your mouth on the make-believe towel. Then let her do the same. You will get other ideas as you read, such as peeling and eating a banana, pouring a glass of milk and drinking it and so on. Do the same with nursery rhymes. Kids love pretending!

Five-to Ten-Year-Olds (Some questions may be too difficult or too easy.)

- Look at the pictures on the cover and read the title. Then ask her to guess what the story will be about. This will give her a purpose for reading and strengthen her comprehension.
- Ask the child how he thinks characters in the story feel. such as an insect in a flower, a worm basking in the sun, a tree towering over the forest, a puppy on a leash, or a broken toy. You will have to help the child empathize by creating conditions in which the creature or object is involved. For instance, the insect may be eating nectar, the puppy may want to play, or the toy may be broken and sad because it's unwanted.
- Ask questions that make her reason and give her own interpretation, such as, "Why did the other goslings make fun of the ugly duckling?" "How do you think the little duckling felt?" "What would you do if you were the duckling?"
- Teach counting whenever you come to several items that are the same, such as apples, birds, children, or trees. This will help her understand the counting concept in math when it is taught in school.
- Help the child identify circles, squares, triangles, and rectangles. Let her point them out.
- Be aware of pictures you can use to give the child visual practice in comparisons, such as tall, taller, tallest, and small, smaller, smallest. By using people and objects in the pictures, you can also teach abstract concepts, such as near, far, next to, and between
- Teach emotions such as happiness, sadness, anger, excitement, and disappointment. Look for situations that would cause the characters to feel these emotions. Ask the child to identify the situations and to relate to the feelings.

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• Teach cause and effect questions, such as:
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"Why couldn't the children play outside?"

(Because it was raining).

Why did the puppy get out of the yard?"

(The gate was left open).

"If you were the father, would you allow the boy to get a puppy? Why or why or why not?"

"Why was the little girl sad?"

(She lost her doll.)

"How do you think the little boy felt when the children wouldn't let him play?" (He was sad.)

"What would you have done if they wouldn't let you play?"

(I would play with someone else)

"How did the kitten get wet?"

(He got sprinkled by the hose)

Ten-to Fourteen-Year-Olds

At this age the child should be well into the critical thinking skills, yet this is when most parents let up on the one-on-one reading. The following examples of books are excellent for family reading, whether you have teenagers or children in elementary school. They provide a wonderful opportunity to work on vocabulary words, as well as comprehension, compassion, empathy, responsibility, and sadness. First, give the child the opportunity to answer your questions; then discuss them together.

The story, *Old Yeller*, by Fred Gipson, takes place in the Texas hill country. Travis, a fourteen-year-old boy, was placed in charge of protecting his mother and little brother, providing food for the family, and doing the family chores while his father was away. His responsibilities were more than what most grown men have today (highly recommended reading). I highly recommend this story.

Following are some possible areas for discussion:

• comparing the responsibilities of a 14 year-old boy today with the boy in

the story

- the feelings the boy may have entertained when his father left
- why Travis didn't want another dog when his dog, Bell, died
- how Travis' mother showed him that she thought of him as a man
- what Travis accomplished that made him feel confident
- what bad habit the mule had
- how Travis broke the mule of this bad habit
- other ways he could have chosen to break the mule
- why the mule obeyed the father, but not Travis
- a comparison of the mule's behavior with your pet's behavior
- why your pet obeys your father or mother better than you
- what you would have done if you found out your dog was killing the neighbor's livestock
- how Travis felt when he found out he had to destroy his dog

From Mother to Teachers' Aide

When your child enters school, your role will change from that of mother to teacher's aide. When she brings books home to read, sit with her, and listen to her read her assignment. Teachers want parents to listen to their child read at home. Many schools require the parents to sign a note indicating how much time they read with their child each night. Following are several suggestions to follow when helping the school-age child read her school books, as well as when you read bedtime stories together:

- Before the child begins to read the story, flip through the pages and look for words that may give her difficulty. Have her sound them out prior to reading the story, so she can read it without too much frustration.
- Ask her to make predictions throughout the story, such as what she thinks will happen next and what makes her think so?
- While reading, don't let the child struggle too long before you help her. She'll lose the meaning of the entire story, and then she won't enjoy it. If the word has

more than one syllable, slowly sound out each syllable. Then have her sound the word out a few times before going on.

- Story clues are also helpful. Before you pronounce a word that she cannot read herself, show her how to use the pictures to figure it out. For example, the story is about a dog and his bone. The picture shows the dog digging a hole for his bone, and the sentence reads, "The dog is digging a hole for his bone." The child reads, "The dog is bigging a hole for his bone." Tell her to look at the picture and ask if bigging makes sense. Ask her what the picture shows the dog doing. Then ask, "Is the dog bigging or digging a hole?"
- If the child is confused with b and d, and p and q, make some large drawings of each pair and point out the differences with her. This will help immensely. Let her trace them and draw them. An easy way to point out the difference is to show her how the d and q face the same side as her left hand and the b and p the same side as her right hand.
- Sometimes it helps to tell the child to skip a word she can't sound out, and then go back to it. Usually, when she goes back to it she says it correctly, because by reading ahead she has more meaning to associate with the word.
- If the word is a sight word that cannot be sounded out, just say the word for her. Then have her look at the word and say it several times, so she will know it.
- Be certain to praise her when she figures out a word. Keep encouraging her by telling her she's doing great, and is well on the road to becoming a good reader.
- When in a learning situation, such as reading with a parent or teacher, the child needs to have a book that is challenging. If she knows every word, then the book is too easy and she's not progressing. However, if she must struggle with every other word, then the book is too difficult. By struggling too much, she will lose confidence and motivation. This is when she begins to think that reading is too hard for her, and that she cannot learn to read.

• If the child is reading a book assigned by the teacher and you think it is too difficult, call it to her attention and ask her to test her again. Sometimes a child is placed at the wrong reading level. The teacher should appreciate your help.

Helping the Child Select His Own Books

Until the child is confident in selecting library books to read independently, you should be available to help him. Sometimes when a beginning reader selects his own books to read, the titles and pictures attract him, but the content is at a reading level that is too advanced. When the child can't read the book, he automatically begins to think he can't read and loses confidence. Imagine how you feel when trying to read a book that is too difficult for you. If an adult does not intervene, and lead the student to interesting books that he is capable of reading, his ability and desire to read well may be permanently ruined.

I still get a warm feeling when I remember little Terry, one of my fourth grade students. He was reading two years below level and wanted desperately to be able to read "big books." While in the bookmobile looking for books to check out, Terry latched onto *The Rise and Fall of the German Empire*, a four inch thick book, with an ugly dark blue cover, and no pictures. I tried my very best to talk him out of it saying, "Look, Terry, there aren't any pictures, and the print is almost too small to read. Besides, it's way too hard for you. Let me help you find another book," but he insisted to the point of having tears in his eyes. So I allowed him to check it out, on the condition that we read it together. He lost interest before I finished the first page, and resorted to books that I helped him select. If I hadn't been there to help him, the book may have ruined what little confidence he had.

The Three Word Rule When Selecting Books

When helping a child select books to read by himself, use the three-word rule: Open the book to any page, and have him read it. If there are more than three words that he cannot read by himself, then the book is too difficult for him to read independently. If you will be available to help him, or if you will be reading the books together, then the rule would not apply. You may help him select books

that are of his interest level, yet have more challenging words that you can help him sound out and understand, so he may increase his vocabulary.

Reading to and with your child is about the most important way you can help him learn to read and do well in school, so you absolutely must find the time to read, read, read – thirty minutes every day. I know it is difficult. Sometimes you're too tired, you have other really important things that must be done, or you have to get things ready for work the next day. That's okay once in a while, just so excuses don't crop up every night until, before you know it, you may read just once or twice a week, if at all. You really can find the time if you just look for it. You must make it a priority! Your child will be "little" for just a few years. Don't waste those precious years for less important priorities. Following is a list of suggestions for reading opportunities and people who may become involved in reading to and with your child.

Preschool and Early Elementary School Children

- Try reading to your toddler or preschool child when she's in the bathtub. My little ones loved to spend time in the tub, so I would sit next to it and read to them, pause and show pictures, ask questions, and keep on reading. This takes the pressure away from rushing the kids through their beloved bath, so there would be time to read before their bedtime.
- Have older brothers and sisters read to their younger siblings. This is beneficial for both children.
- Enlist an older neighbor child to read to your little one for a short while when he comes home from school, or during the summer vacation. Pay him or her a dollar an hour and some ice cream, or popcorn when finished.
- Ask the babysitter to read to your child, rather than watch television.; this would make the child look forward even more to being with the babysitter.
- Put audio books on your gift list to purchase for your child. They're great to listen to when traveling, or those few nights before bed when you have to pass up

reading session. The library should have an ample supply from which to choose. Save them for times when the kids are bored and want to be entertained.

- Prerecord some stories for those nights when you are too tired, and just want to put your child to bed. Let her listen to a taped story and follow it in the book while she's in bed, as well as to pass time when driving a long distance. This is also a great way for you to refine your own oral reading skills.
- Let your child invite a friend over for buddy reading. Supply the popcorn and a surprise cache of library books. Refreshments will add to the enjoyment.
- A great habit to get into is having your child read orally to you while you're preparing dinner. This is excellent practice for the child. You'll be close by to help with words he's having difficulty with and, if you concentrate, you can ask him questions about the story.
- Another excellent practice activity is to have him read into the tape recorder. He can challenge himself to read smoothly and with expression. If he doesn't sound good, erase what he read and read it again. Encourage him to play the taped story to you after practicing.

READING COMPREHENSION

There's more to reading than decoding words. Many students learn to sound out words quite fluently by the age of ten, but they don't understand the meaning of the text. With some, this problem extends even into high school. When the child is too intent on sounding out the words and trying to relate the letters to the rules, he forgets to concentrate on what the story is about. A common concern of teachers is, "He can read the words, but he doesn't know what he is reading." The most important and effective way children can be helped to comprehend what they read is through one on-one instruction.

This is not a simple process; it involves mastery of a combination of skills which takes several years to accomplish. When the teacher has twenty to thirty students in her classroom, it's very difficult to give them all the individual attention they need. Here is where parents' help is invaluable. They can help

their child considerably by reading to and with him, by talking to him, and by encouraging him to discuss his own feelings and experiences. Conversations can take place during breakfast, while driving, while eating dinner, cleaning up the kitchen after dinner, and much can be taught during nightly bedtime reading.

Decoding

This skill is taught extensively in elementary school. It's the first formal step to learning to read. Decoding can even begin at home during preschool age if the parents are teaching the child the alphabet. Otherwise, I suggest the parent wait until the child is in school and learning the alphabet from his teachers.

- While listening to the child read, help him sound out the letters of the words he has difficulty reading.
- Keep showing him how to sound out words as you read to him, and when he begins to read himself. When he comes to you with a word he cannot read, don't just say it for him; rather, help him sound it out.

Main Idea

Identifying the main idea of the story will improve as the child's comprehension develops. Usually, the title will give the main idea of the story.

- Look at the picture on the cover of the book and read the title to your child before you begin to read. That is what the book will be all about. For example, in the book, "Bears Like to Dance," the main idea would be about bears.
- As you read, every now and then stop and ask the child to tell you about what you have already read, and what he thinks will happen next, or predict how the story will end. This will sharpen his focus on the story. Help him along if he stumbles in his replies.

Vocabulary

An extensive vocabulary is needed for comprehension. What good is it for a student to decode words because he knows the sounds of the letters, but does not understand the meaning of the words? Do you remember times when you

attempted to read an article or book that was "over your head" because you didn't understand many of the vocabulary words?

• You don't need to teach your child vocabulary words. Your child will repeat what he hears from you. If you use plain, simple, over-used words like big, little, or pretty, he will use those words. If you use more sophisticated words like attractive, enormous, and trivial, he will use them also. Following are a number of word pairs. Try making a list of several pairs and tack them to your kitchen wall. Challenge yourself to use the words when talking to your child or other family members. Create conversations in which you would use them. A good example could be when your child is late coming home from school; you would ask him for his alibi, instead of excuse. In time, your child will have an extensive vocabulary. Simple!

excuse	alibi	alone	isolated
start	embark	ask	enquire
dry	arid	beg	plead
alone	isolated	dig	excavate
family	clan	hot	torrid
shout	bellow	busy	occupied
fang	tusk	mud	mire
odor	essence	ring	peal
fat	stout	thirsty	parched
stink	reek	Z00	menagerie
look	gaze	noise	uproar
storm	tempest	sharp	keen
warm	tepid	smell	whiff
trick	prank	thin	scrawny
speedy	rapid	corner	niche
home	abode	large	vast

Sequence of Events

Mastering the sequence skills is crucial to reading comprehension. It helps us break down past events into logical order of how they happened. It is also needed to give directions and to remember the steps to perform certain tasks that need to be done in a specific order. We need sequencing skills to help us organize ideas and information, to help us solve problems, and to understand scientific information.

The ability to understand sequence takes a long time and will develop as the child matures and becomes a more proficient reader. Meanwhile, here are suggestions to help its development while reading and talking to him.

- Have him tell you about his experiences in the order in which they happened, such as at a birthday party: did they play games first, when did the child open his presents, when did they have refreshments. Whenever your child goes somewhere, ask him to tell you about what he did, in order. If he watches a movie, ask him to tell you about it. Ask him to tell you about what he did in school.
- Read an old story book to him, then tear the pages out, mix them up and let him put them in the order in which they took place. Do the same with the newspaper cartoons. Then let him show you the pictures one at a time, and tell you about the story or cartoon in his own words. Help him if needed.
- While reading, keep going back to events that happened before. Have him recall parts of the story already read. Ask him what happened first, then next, and then after that, up to where you are presently reading. This keeps him thinking, helps clarify situations and parts characters play in relation to others.
- While reading, emphasize words that indicate time of events, such as then, first, last, now, finally, and next.
- Use these words when telling him to perform certain tasks in the order of which they must be done, such as getting ready for bed: first take off your dirty clothes and put them in the hamper, next wash up and brush your teeth, then put on your pajamas, and finally pick out a book for your bedtime story.

• Purchase some of the delightful, reasonably priced sequencing games and activities found in book stores and online.

Drawing Conclusions

Asking the child what he thinks will happen next in a story will not only encourage comprehension, but he'll have to give it some serious thought, and weigh his answer on what he has already read. If his comprehension is not good, he won't be able to answer the question. Have patience... remember, he doesn't already have these skills, he's learning them.

- While reading, pause often to ask the child what he thinks will happen next. To keep the question from becoming monotonous, make a game of it. Both of you take a guess. Fake it so you will be wrong some of the time. Praise your child when he's right. Make comments such as, "You're right again!" "You're getting pretty good at this!" "Hey, you're really paying attention!"
- "Why" questions have a strong influence on comprehension. Questions such as: "Why is it thundering?" "Why is the dog barking?" "Why did the bird fly away?" "Why is your hair mussed up?" and, "Why is the monkey chattering?" are all thought-provoking questions based on what happened previously. The child will love to answer these questions and will consider it a game. At first he'll probably hem and haw, not knowing what to say. But with encouragement and practice, he'll soon be giving answers every time, some accurate, some just guesswork. Accept any sensible answer. Have fun!
- "Because" statements stimulate the brain in a similar fashion. The child has to make inferences in order to answer logically. His answer must be the result of reasoning. Instead of beginning with why, make a partial statement, and wait for the child to complete it with the right answer. For example, "We could not go for our walk today, because...it started to rain." "The puppy soiled the carpet, because... we forgot to take him outside." "The soup tasted bland, because... mother forgot to put in the salt." "The ice cream melted, because... it wasn't put back in the freezer." Initially, you would ask the why part and your child would

supply the answer. When the child catches on, you can switch roles and let him ask the why questions. This will be very challenging to the child. Keep it fun!

• While reading together, help the child identify emotions. Anger, sadness, jealousy, happiness, hurt, disappointment, and frustration are all emotions the child either has already experienced or soon will. Being able to identify them in characters he is reading about will help him understand the feelings when he experiences them himself. Ask him what caused these particular feelings, and what the character could have done to prevent them if they were negative. Discuss how healthy people control their negative emotions, and what the child could do when he feels that way. The child who comprehends is able to relate to the feelings of the characters or animals with regard to the situations that caused the feelings. At the same time, you can help the child empathize with people in real life situations, such as a crying baby, an elderly person who is cranky, handicapped people, street people, children who are made fun of by their peers, and animals that are mistreated. Many adults never do acquire this skill, which is very dependent upon comprehension.

Please do not become apprehensive because there seems to be so many skills to teach. If you read together just about every day over a period of years there will be ample time for you to teach most, and even if you don't get to all of them, whatever you do teach will be help him considerably.

